

To Schedule an appointment: Call any of our offices or call our toll free number (877) 245-2688. You may also obtain information about all of services, fees and insurance coverage.

www.slbmi.com

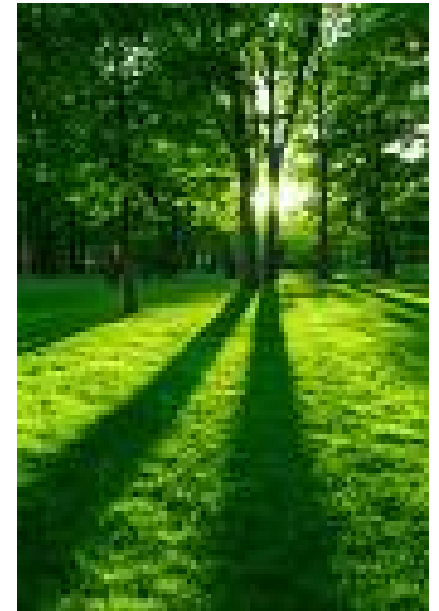
16216 Baxter Road Suite 399
Chesterfield, MO 63017
(636) 532-9188
Fax: (636) 532-9951

1129 Macklind
St. Louis, MO 63110
(314) 534-0200
Fax: (314) 534-7996

Saint Louis Behavioral Medicine Institute
16216 Baxter Road, Suite 399
Chesterfield, Missouri 63017

Saint Louis
**BEHAVIORAL
MEDICINE**
Institute

Mediation and Collaborative Divorce Services



Saint Louis Behavioral Medicine is an academic affiliate of Saint Louis University Medical Center.

Mediation and Collaborative Divorce Services

Mediation

Mediation is a confidential process where a neutral third party, the mediator, assists two or more parties achieve an agreement on a matter of common complaint. Unlike a judge or an arbitrator whose decisions declare a winner and a loser, mediation finds solutions that works for all parties involved.

Mediation is confidential and can not be used in future litigation. Mediation is appropriate for many types of conflict.

Mediation is a recognized and respected method to reach agreements. It offers a shelter from the storm of conflict. Mediation helps determine the reasons you find yourself in a dispute, the issues you are disagreeing about, the level of conflict that engulfs you, and offers unique solutions to your disputes.

SLBMI Mediation Services is available to assist in the following Mediation scenarios:

- ✦ Parenting Plan Revisions
- ✦ Divorce Mediation
- ✦ Civil and Family Conflict Resolution

Please visit our website for more details about the mediation process and services.

Collaborative Divorce

Collaborative divorce (often called collaborative law or collaborative process) helps families resolve divorce issues with dignity and respect.

In the collaborative process, each spouse, their respective attorneys, and other collaborative professionals such as mental health professionals and a financial professional agree to resolve all issues of their case *without contentious court proceedings*. The spouses, along with the professionals, co-construct an agreement. The Collaborative Process implements agreements to the benefit of the entire family.

Divorce Coach and Child Specialist services are available through the institute. SLBMI can assist clients in finding additional Collaboratively trained professionals if necessary.

Divorce Coach: A trained professional whose role is to prepare the client to participate effectively within the collaborative process. The coach does not act as a therapist. Rather, the coach uses his or her training and experience to assist the client in managing emotional or psychological issues that might otherwise impair the client's effective functioning and/or participation in the collaborative process, and communicates with other collaborative team members to provide insight and assistance in helping to facilitate the process.

Child Specialist: A trained professional with specific training and experience in child development and family systems and in working with children, parents, and families who are in the midst of undergoing a divorce or other custody/placement related dispute. The role of the child specialist is to assist parents to clarify their children's needs and interests. The child specialist helps the parents to make decisions that take their children's feelings and needs into account, giving the children a "voice" in a process that has in the past ignored the child's point of view.

SLBMI Trained Staff in Mediation and Collaborative Divorce

Kent Newcome, LCSW

Kent E. Newcome is a Certified Civil and Family Mediator as well as a Missouri Licensed Clinical Social Worker. He is a graduate of Washington University (Saint Louis) holding both undergraduate and graduate degrees. He earned his certification in Civil and Family Mediation in a program offered jointly by Washington University School of Law and Missouri State University's Center for Dispute Resolution. Kent has been in professional practice since 1974. In his early years in his profession, he held management positions in employee assistance, occupational health, managed care and behavioral health companies. Kent has owned and operated private businesses as well as maintaining a clinical practice in family, marital and individual therapy.

Monica L. Lieser, MA, LMFT, LPC

Monica L. Lieser is a Licensed Marriage and Family Therapist and a Licensed Professional Counselor. She received her Master of Arts in Marriage and Family Therapy and a Bachelor of Science in Family Studies both from Western Michigan University (WMU). Ms. Lieser was trained by the International Academy of Collaborative Professionals Association as a Divorce Coach and Child Specialist in the Collaborative Model. Her general therapy practice specializes in couple and family therapy including: communication, intimacy and sexuality, parenting, and healthy relationship skills. Before moving to St. Louis and joining SLBI, Ms. Lieser was in private practice in Kalamazoo, Michigan and was an adjunct instructor in the Family and Consumer Sciences Department of WMU. Ms. Lieser is an associate member of the Collaborative Family Law Association in St. Louis, Missouri.

Helpful Resources

<http://www.slbmi.com/mediation>

<http://www.collaborativepractice.com>

<http://www.divorce-education.com>